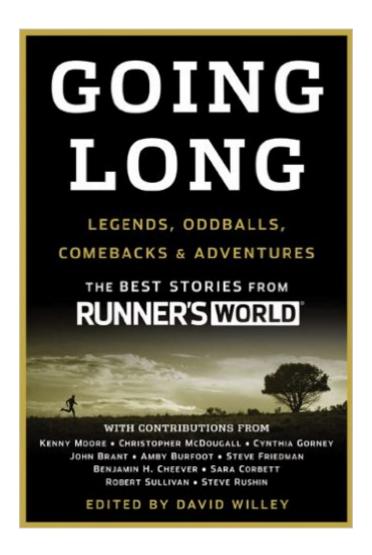
The book was found

Going Long: Legends, Oddballs, Comebacks & Adventures





Synopsis

For more than 40 years, Runner's World magazine has been the world's leading authority on runningâ •bringing its readers the latest running advice and some of the most compelling sports narratives ever told. From inspirational stories such as "A Second Life"(the story of Matt Long, the FDNY firefighter who learned to run again after a critical injury) to analytical essays such as "White Men Can't Run" (a look at what puts African runners at the front of the pack), the magazine captivates its readers every month.Now, for the first time, the editors of Runner's World have gathered these and other powerful tales to give readers a collection of writing that is impossible to put down. With more than 40 gripping stories, Going Long - edited by David Willey - transcends the sport of running to reach anyone with an appetite for drama, inspiration, and a glimpse into the human condition.

Book Information

Paperback: 400 pages

Publisher: Rodale Books; 42289th edition (March 30, 2010)

Language: English

ISBN-10: 1605295337

ISBN-13: 978-1605295336

Product Dimensions: 6.3 x 1.1 x 8.9 inches

Shipping Weight: 1.1 pounds (View shipping rates and policies)

Average Customer Review: 4.3 out of 5 stars Â See all reviews (29 customer reviews)

Best Sellers Rank: #427,871 in Books (See Top 100 in Books) #150 in Books > Sports &

Outdoors > Other Team Sports > Track & Field #746 in Books > Health, Fitness & Dieting >

Exercise & Fitness > Running & Jogging #4358 in Books > Sports & Outdoors > Individual Sports

Customer Reviews

When people ask about what it's like to write a running column for a newspaper, I tell them that running usually has little to do with what my subjects are. I write about friendship, good causes, personal esteem, stress, and on and on. From now on, maybe I should just give them a copy of "Going Long." It's a much better illustration of the point I'm trying to make. There are a lot of great stories out there, and running only has a little to do with it. "Going Long" is an anthology of articles from Runner's World. As you'd expect, the magazine has plenty of articles on how to run better or eat better. In that sense, it's a bit like Golf Digest, which in one month tells you how to cure your slice, and in the next tells you how to cure your hook. But at least once an issue, and sometimes

more, Runner's World steps up its literary game. Its feature-length articles are almost always good, and quite often memorable. The magazine has been popping up in the Best American Sports Writing series in the past few years, and deservedly so. Someone has been paying attention, it seems, and came up with the idea to do an anthology. It's long overdue. Three of the articles were the basis of a couple of my favorite books on running -- one on Bill Bowerman, one on "The Duel in the Sun" on the 1982 Boston Marathon, and the third on the legendary Mexican tribe of long-distance athletes. The original articles are here in shortened form, and remain fascinating. But there are plenty of other great stories here. I missed some of them, since I haven't been subscribing forever, and remember the others. They all hold up quite well.

Download to continue reading...

Going Long: Legends, Oddballs, Comebacks & Adventures Activities Keep Me Going and Going, Volume A (Activities Keep Me Going & Going) Going Gray Beauty Guide: 50 Gray8 Going Gray Stories The Unofficial Harry Potter Insults Handbook: 101 Comebacks For The Slytherin In Your Life Insults!: 100+ Funny Insults and Comebacks, Comedy, Humor, and Puns (LOL Funny Jokes) The Quotable A**hole: More than 1,200 Bitter Barbs, Cutting Comments, and Caustic Comebacks for Aspiring and Armchair A**holes Alike Viva la Repartee: Clever Comebacks and Witty Retorts from History's Great Wits and Wordsmiths Going Alone: Women's Adventures in the Wild (Adventura Books) Going Long: Training for Triathlon's Ultimate Challenge (Ultrafit Multisport Training Series) MINECRAFT: DIARY OF A MINECRAFTER ADVENTURES: The Minecraft Nightmare (An Unofficial Minecraft Book For Kids) (Diary Of A Minecrafter Adventures Books) NEW ADVENTURES OF SHERLOCK HOLMES (VOL.9) (New Adventures of Sherlock Holmes, Vol. 9/Audio Cassette) Las aventuras de Tintin 4 / The Adventures of Tintin 4: Los Cigarros Del Faraon / Cigars of the Pharaoh (Las Aventuras De Tintin / the Adventures of Tintin) (Spanish Edition) In the Land of the Long White Cloud (In the Land of the Long White Cloud saga Book 1) Lean for Long-Term Care and Aging Services: Lean for Long-Term Care and Aging Services Critical Thinking in Long-Term Care Nursing: Skills to Assess, Analyze and Act (Cohen, Critical Thinking in Long-Term Care Nursing: Skills t) Long Range Shooting Handbook: Complete Beginner's Guide to Long Range Shooting Going to the Hospital (Growing Up) Going Through Puberty: A Boy's Manual for Body, Mind, and Health (What Now?) Going to the Hospital (Usborne First Experiences) Finishing Strong: Going the Distance for Your Family

Dmca